



Mann Changa

~•~ Wounds to Wisdom ~•~

Dr. Archana Krishna's Wellness Center & Mental Health Training Institute

Moving Towards Being Happier & More Productive

MISSION

Welcome to Mann Changa Mental Health Clinic!

I'm Dr. Archana Krishna, and our clinic is here to support you on your mental wellness journey. Whether you're a student, a parent, or anyone seeking support, we're dedicated to providing caring and effective mental health services. We believe everyone deserves a happy and healthy mind, so we specialize in helping students and families navigate life's challenges together.

At Mann Changa, we not only offer therapy but also focus on teaching the importance of mental hygiene and provide training for future psychologists. Come join us in creating a brighter, healthier future for yourself and your loved ones.

EXPERTISE

- Family Therapy | Parental Counselling
- Couple Therapy
- Stress | Anxiety | Depression | Addiction
- Teens | Kids | Adults | Senior Citizen
- Clinical & Organisational Psychologist

SERVICES

- Psychological Assessment
- Intellectual Disability Assessment
- Therapeutic Treatment

CLINIC TIMINGS:

🕒 TUESDAY TO SUNDAY: 10:30 AM – 6:30 PM
MONDAY : CLOSED

ONLINE / OFFLINE

PRE-SCHEDULED APPOINTMENT ONLY

BOOK APPOINTMENT



+91 9560136999



Dr. Archana Krishna PhD

Chief Psychologist (21 years of exp)
Rehabilitation Psychologist (RCI Registered)
M.Phil (Gold Medalist)_Clinical Psychologist
(Trained at King George's Medical college,
Department of Psychiatry, Lucknow)
www.drarchanapsychologist.com

Mann Changa Team Consultant Licesened Psychologists provide

- CBT / Trauma focused Therapy.
- Psychodynamic Therapy.
- Dialectical Behaviour Therapy (DBT).
- Humanistic Therapy.
- Acceptance & Commitment Therapy (ACT).
- Family Therapy.
- Gestalt Therapy.
- Behaviour Therapy

LOCATION



DR KRISHNA'S WELLNESS
CENTRE & MENTAL HEALTH
TRAINING INSTITUTE
DR ARCHANA KRISHNA
H#71 SECTOR 15 PART 1
GURGAON -122001
HARYANA INDIA





INTERNSHIP DETAILS

ABOUT THE PROGRAM

Our **Psychology** internship provides aspiring psychologists with real-world experience in a supportive and professional environment interns will work alongside licensed professionals in Mann Changa clinic's, educational and research settings.

INTERNSHIP INFORMATION

Duration : 1 Month
Mode : Offline
Eligibility : Psychology Students (UG/PG)
Certification : Certificate provided after completion
Start Date : May / June
Seats Available: Limited (FCFS)
Group Discount Available.

REGISTRATION FOR INTERNSHIP

Scan the QR code to fill the Internship Registration Form.



INTERNSHIP CURRICULUM

- Communication and Active listening.
- Ethical Consideration in Practice.
- MSE - Case History / Clinical observations.
- Basic counselling skills.
- Psychological Assessments in practical setting and Report Writing.
- Rights of Person with Disabilities Act 2016 (RPwD) of India.
- Creating Mental Health Awareness (Online/ Offline/ Radio Program).
- NGO Activities - Visit to Rehabilitation /De-addiction Centre.

WHAT YOU WILL GAIN

- Absolute Practical Knowledge.
- Certificate of completion.
- Networking opportunity.
- Personal and professional Growth.



INTERNSHIP FEE

- Individual : 3999
- Group of 3 : 3499
- Group of 5 : 2999

PAYMENT DETAILS

**Dr KRISHNA'S WELLNESS CENTRE & MENTAL HEALTH
TRAINING INSTITUTE**

Account Holder Name: Dr. Archana Krishna

Account no. : 41859197379

IFSC Code : SBIN0060414

upi id : drkrishnaswellnesscentrementalhealth@sbi

SCAN ME AND PAY

